

Let's Talk Youth Volunteering!

17 October 2024



volunteering
TASMANIA



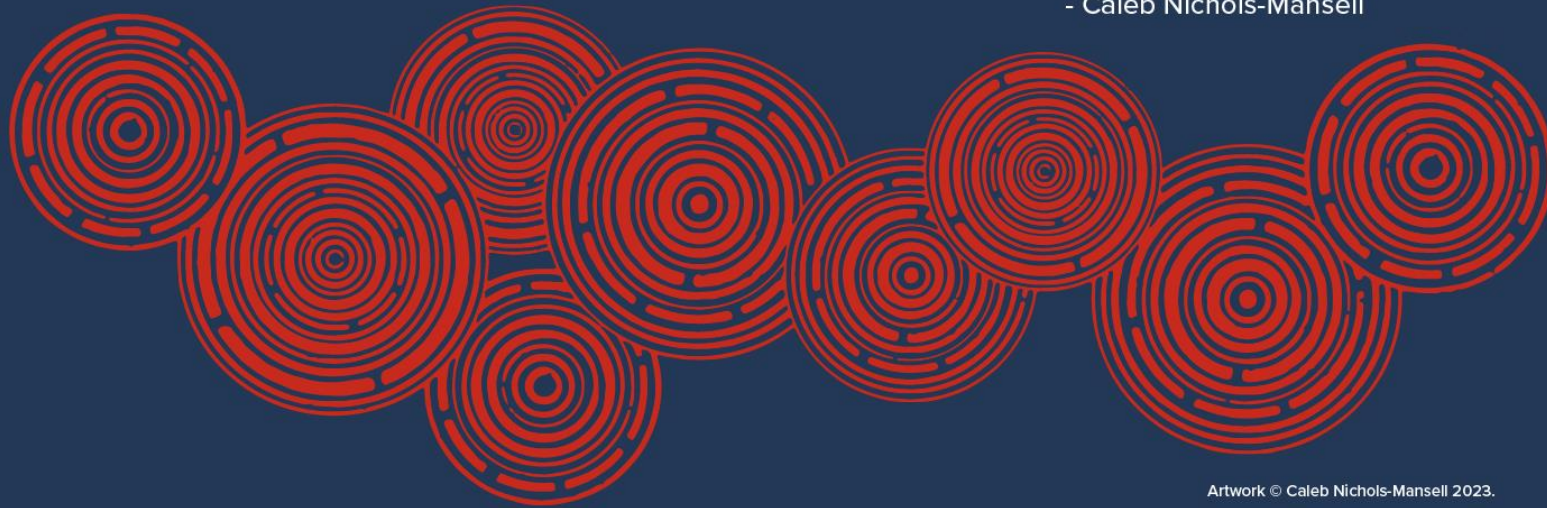
UNIVERSITY of
TASMANIA



Acknowledgment of Country

... people build **safer** and **stronger**
communities that **support** and **uplift** each other.

- Caleb Nichols-Mansell



Who are we?

- peak body for volunteering
- statewide organisation
- operating for 30 years
- represent over 332,100 active volunteers
- initiatives and support for best practice volunteer management

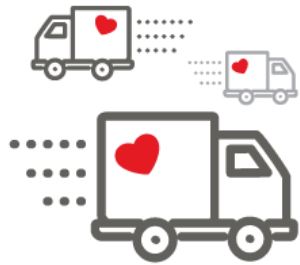




**What is
volunteering?**

**Time willingly
given for the
common
good and
without
financial gain**

Volunteering in Tasmania



volunteering
is tasmania's

**largest
sector,**

(larger than
both the private
& government
sector).

332,100

Tasmanians



69.8%

of the population >15yo
volunteered in 2023

Total number of
hours contributed by
volunteers a year



2019

68.2

million hours

2023

89.4

million hours

Average = 22.4 hours/month per volunteer

Volunteering in Tasmania



\$3.50 2019

\$4.80 2023



For every **\$1** invested in volunteering, **\$4.80** is returned in benefits to the community.



Jobs created
through volunteer
related activities
in 2023

54.2% 
of community members
attribute the wellbeing
of their **community**
to volunteers

\$3.6 Billion

replacement cost of
volunteers



Benefits:

2019

2023

**\$4
Billion**

**\$12.1
Billion**

Volunteer Management Activity (VMA)

Aims to increase opportunities for people to participate in the social and economic life of their broader community through volunteering, by:

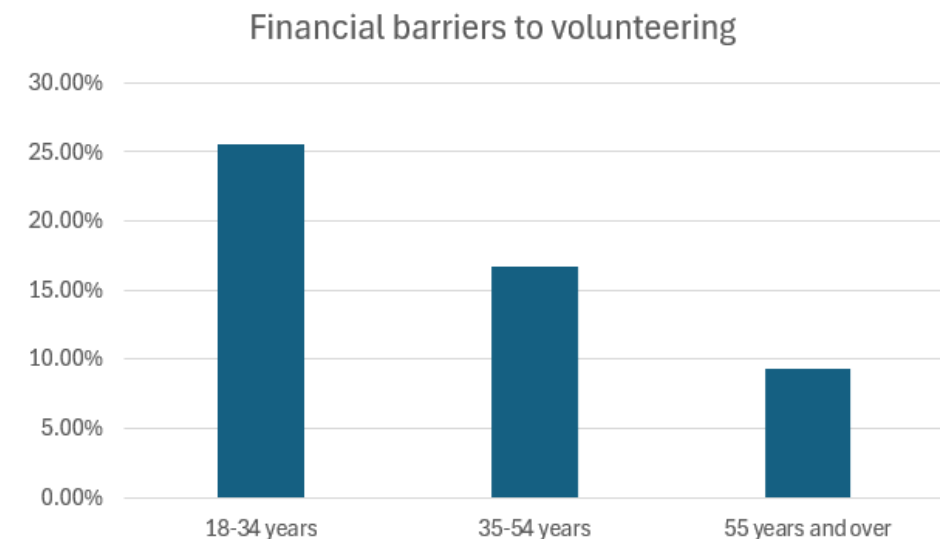
- Building capacity of Volunteer Involving Organisations to be more inclusive and accessible
- Breaking down barriers to volunteering for identified priority groups



Funded by the Australian Government Department of Social Services.

Youth volunteering

- Nationally, 29.7 per cent of people aged 18-24 years volunteered formally in 2023.
- More likely to volunteer in animal welfare (38%) and health (29%) and less likely to volunteer in aged care (7.5%) and arts/heritage (9.9%)
- More likely to volunteer remotely/online
- More likely to report financial barriers as a reason for not volunteering



Why do young people volunteer?

- Level-up resume
- Gain new skills and experience
- Experiment with study or career possibilities
- Form new friendships and networks
- Pursue a passion or cause
- Connections to community
- To help others, and the planet
- Have fun!





Placement Overview

Sustainability Placement Experience (SPE301)

- 11 weeks
- Facilitated by the University of Tasmania Sustainability Team (Dr Catherine Elliott and Tim Millbank)
- Supervised by Ruth Osborne at Volunteering Tasmania
- Aims and goals:
 - 'Develop resources to help map alignment with SDGs'
 - 'Improve understanding of the SDGs'
 - 'Encourage understanding and innovation amongst leaders'



The United Nations Sustainable Development Goals





What are the UN SDGs and why were they created?

- Part of the *2030 Agenda for Sustainable Development*
- Is a 'shared blueprint for peace and prosperity, for people and planet, now and into the future'
- Adopted in 2015 by all United Nations member States

SUSTAINABLE DEVELOPMENT GOALS





Sustainable Development Goal 1



TARGET 1-1	TARGET 1-2	TARGET 1-3	TARGET 1-4
ERADICATE EXTREME POVERTY	REDUCE POVERTY BY AT LEAST 50%	IMPLEMENT SOCIAL PROTECTION SYSTEMS	EQUAL RIGHTS TO OWNERSHIP, BASIC SERVICES, TECHNOLOGY AND ECONOMIC RESOURCES
TARGET 1-5	TARGET 1-B	TARGET 1-A	
BUILD RESILIENCE TO ENVIRONMENTAL, ECONOMIC AND SOCIAL DISASTERS	CREATE PRO-POOR AND GENDER-SENSITIVE POLICY FRAMEWORKS	MOBILIZE RESOURCES TO IMPLEMENT POLICIES TO END POVERTY	

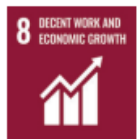


UN SDGs Progress

- Since 2015, *Progress Reports* have been published annually
- 2024 Report found that:
 - 17% of SDGs targets are on track to be achieved
 - half are showing minimal or moderate progress
 - progress on over a third has stalled or even regressed



Adolescent Girls Investment Plan (AGIP) and GAGE (Gender & Adolescent: Global Evidence)



Bodily autonomy, integrity and freedom from violence

SDG indicators 5.2.1, 5.3.1, 5.3.2, 8.7.1

The bodily autonomy and integrity domain emphasises the protection of adolescents from physical and sex- and gender-based violence, including child marriage, harmful traditional practices, and other forms of coercion – vulnerabilities that are often magnified for adolescents in the second decade of life. This domain is the strongest that we examine in terms of data disaggregation by sex, though we find that age disaggregation is problematic, with a lack



SRH, health and nutrition

SDG indicators 2.2.1, 2.1.2, 3.3.1, 3.7.1, 3.7.2, 3.8.1, 6.1.1, 6.2.1

Health outcomes for young people depend on equitable access to health services as well as information and knowledge about how to live a healthy life, and self-efficacy in taking the steps they need to care for their own health. Data series for this domain often cover broadly conceived indices such as access to drinking water and sanitation services, which, while useful in clarifying differences between urban and rural access to health infrastructure, shed little light on the disparities associated with sex and age.





Greenwashing

- Sustainability and Environmental action is an ongoing process
- As social pressure to partake in sustainable practices increases, so does the risk of Greenwashing



Tools and resources created

Targeted gaps

1. Knowledge of what the SDGs are and why they were created
2. Awareness of how volunteering roles might align with specific SDG targets
3. Why aligning with the UN SDGs actually matters
4. How this alignment could increase youth volunteering engagement



Volunteering and the



Tools and resources created – SDG Alignment Tools

SUSTAINABLE DEVELOPMENT GOALS

The 2030 Agenda for Sustainable Development provides a shared blueprint for peace and prosperity for people and the planet. At its heart are the 17 Sustainable Development Goals (SDGs), designed as frameworks and goals to assist the achievement of this overarching goal.

The following one page tools are designed to help provide a broad overview of each SDG as well as specific examples applicable to Volunteer Involving Organisations (VIOs).

Having clear, tangible targets and frameworks such as the SDGs, aids us as a global population in tracking collective progress and encouraging others to also take action.

By aligning your volunteer roles with SDGs, you can demonstrate how small local actions are contributing to the global big picture. You may also improve relevance for younger volunteers whose values may resonate with these global goals and a desire to make impactful change in the world.

You might find a clear link between your volunteer program and the targets of a particular SDG. However, many activities are inherently quite intersectional and may align with multiple SDGs. For example a community food supply program could meet SDG 1: No Poverty, SDG 2: Zero Hunger, SDG 3: Good Health and Wellbeing, and SDG 10: Reduced Inequalities.

Many VIOs may already be achieving significant progress towards the SDGs without realising it!

1 NO POVERTY

End poverty in all its forms everywhere



Targets, by 2030:

- Eradicate extreme poverty, i.e. people living on less than \$1.25 a day
- Halve the proportion of men, women and children of all ages living in poverty
- Implement social protection systems and measures for all
- Ensure equal rights to economic & technology resources and basic services
- Build resilience to economic, social and environmental shocks and disasters



Does your volunteering opportunity align with a specific SDG?

- ✔ Review your program objectives, expected outputs and activities and reflect on these in relation to the SDG.
- ✔ Ask yourself: Do the volunteering activities reflect the issue, ambition and scope of SDG targets to achieve No Poverty?
- ✔ Set a target or goal aligned to this SDG. For example, provide 10,000 free meals and 50 emergency accommodation situations by 30 June 2025.



Examples of volunteering opportunities aligned with this SDG



Programs that provide essential goods and food



Short Term Emergency Housing Relief



Employment Support Services



Educational Programs supporting fiscal & legal rights



End hunger, achieve food security and improved nutrition and promote sustainable agriculture

2 ZERO HUNGER



Targets, by 2030:

- Universal access to safe and nutritious food
- End all forms of malnutrition
- Double the productivity and incomes of small-scale food producers
- Sustainable food production and resilient agricultural practices
- Maintain genetic diversity in food production

Does your volunteering opportunity align with a specific SDG?

- ✔ Review your program objectives, expected outputs and activities and reflect on these in relation to the SDG.
- ✔ Ask yourself: Do the volunteering activities reflect the issue, ambition and scope of SDG targets to achieve Zero Hunger?
- ✔ Set a target or goal aligned to this SDG. For example, facilitate creation and effective storage of 500 emergency food packages by 30 June 2025.

Examples of volunteering opportunities aligned with this SDG



Emergency relief food packaging and distribution



Community cooking programs eg. via Neighbourhood House



Help at a "soup kitchen"



Meal delivery for older and vulnerable people

Ensure healthy lives and promote well-being for all at all ages

3 GOOD HEALTH AND WELL-BEING



Targets, by 2030:

- Reduce maternal mortality
- End all preventable deaths under 5 years of age
- Fight communicable diseases
- Reduce mortality from non-communicable diseases and promote mental health
- Prevent and treat substance abuse
- Reduce road injuries and deaths
- Universal access to sexual and reproductive care, family planning and education
- Achieve universal health coverage
- Reduce illnesses and death from hazardous chemicals and pollution

Does your volunteering opportunity align with a specific SDG?

- ✔ Review your program objectives, expected outputs and activities and reflect on these in relation to the SDG.
- ✔ Ask yourself: Do the volunteering activities reflect the issue, ambition and scope of SDG targets to achieve Good Health and Well-Being?
- ✔ Set a target or goal aligned to this SDG. For example, provide 500 nutritionally balanced school meals per month to lower socio-economic communities by 30 June 2025.

Examples of volunteering opportunities aligned with this SDG



School educational nutritionist sessions



Ensure nutritional balance when providing meals



Vaccination drive or supply



Advocate for more accessible medication routes

Tools and resources created – Tip Sheet



TIP SHEET

Involving young people

FOR VOLUNTEER INVOLVING ORGANISATIONS

This tip sheet provides information to support Volunteer Involving Organisations (VIOs) be more accessible and inclusive when engaging young people in volunteering.

Volunteering allows everyone to participate in the social and economic life of their broader community. This has many benefits to the individual, as well as to the community. Increasing diversity by engaging young volunteers will have a positive impact on the culture and sustainability of your organisation, as they can bring new ideas, revitalise old programs, and assist with succession planning.

Why do young people want to volunteer?

- ↳ To make a difference, to have more meaning in life.
- ↳ To help others, which also feels really good!
- ↳ To help the planet, the environment, the world around them.
- ↳ For enjoyment and to have fun.
- ↳ To feel connected to their community and to give back to society.
- ↳ To meet people and make new friends.
- ↳ To gain experience, skills and networks to help with employment.
- ↳ To explore new things.

"It's good for the soul" – youth consultation

Panel Discussion

Panel Discussion



Evelyn Unwin Tew

Panel facilitator

Sustainability Placement
Experience Student



Chloe McCann

Founder of *The Hobart Run Club*

Co-Secretary Rotary Satellite
Club of Battery Point

Rotex Tasmania Secretary

Involved with School Strike 4
Climate, AYCC, UNFCCC COP25



Dr Catherine Elliott

The University of Tasmania

Sustainability manager
(Experience and
Engagement)

SIPS Coordinator



Ruth Osborne

Volunteering Tasmania

Volunteer management
Activity (VMA)

Tasmanian Projects
Coordinator



Liam McLaren

*Tasmanian University
Student Association
(TUSA)*

2023 & 2024 President

We can help volunteers!

Volunteer Connect

Platform: View volunteering opportunities online volunteeringtas.org.au

Service: Contact us for support team@volunteeringtas.org.au or 03 6231 5550

Inclusive Volunteering Program

People with disability or on a mental health recovery journey can access additional support to volunteer as a pathway to employment.

Contact inclusion@volunteeringtas.org.au or (03) 6231 5550



We can help VIOs!

Resources volunteeringtas.org.au/for-organisations/

Knowledge Base and Volunteering Gateway

National Standards for Volunteer Involvement – upcoming workshop Dec 4

Inclusive Volunteering Program - being an inclusive organisation training.

Sign up for eNews, follow on LinkedIn and Facebook

Contact us for support via team@volunteeringtas.org.au or 03 6231 5550





thank you



Event Feedback Survey

