



# COVID-19 Health Care



If you experience COVID-19 symptoms or you are an identified close contact, isolate and get tested by calling **1800 671 738** or visit a drive-through testing centre



Self-isolate at home and the Department of Health will contact you to provide your test results



If you have a positive test result, the Department of Health will contact you to undertake an assessment

This will include talking with you about your symptoms, any medical conditions, your home situation and the support you have available, to establish your Care Plan.

Based on a risk assessment, options for your Care Plan may include the following:

**Assessment:**

- ✓ Moderate or mild illness or no symptoms
- ✓ Suitable place to isolate and recover
- ✓ Able to cope well at home

**Assessment:**

- ✓ Moderate illness
- ✓ No suitable place to isolate and recover
- ✓ No social support available

**Assessment:**

- ✓ Severe/critical illness and very unwell

You will be supported through:

**The COVID@ home Program**  
– for the majority of Tasmanians



The 24 hour a day, 7 day a week virtual service includes:

- Daily health screening
- Ensuring the necessary supports are in place to safely stay at home
- Monitoring devices (if required), such as a home pulse and oxygen monitor
- Video calls with clinical staff

**A Community Case Management Facility** – for some Tasmanians



The 24 hour a day, 7 day a week service includes:

- Daily health screening
- Processes to support escalation, and proactive management of any clinical, mental health or social
- Written and verbal information on the processes to escalate health needs

**Hospital treatment**



– for a small minority of Tasmanians

24 hour a day, 7 day a week in hospital healthcare services

**COVID@home**

While in the COVID@home Program, if your health circumstances change, the program will help you access the extra support you need.

This might include more supported care at home, in a Community Case Management Facility or transport to a Hospital. Call 000 in an emergency.

DEPARTMENT OF **HEALTH**

You will be notified by the Department of Health when it is safe to leave the COVID@home Program or Community Case Management Facility or hospital.